

Cataract Surgery Post Operative Instructions

- **Drops are to be used four (4) times a day.**
- **Leave 5 minutes between drops.**
- **There is no specific order to the drops.**

Contact the surgery if -

- **You notice a decrease in your vision**
- **there is severe pain**
- **extreme redness**

You will use drops for around 4 weeks.

There will be a repeat of the Maxidex drops.

If you are using glaucoma drops, do not use them in the operated eye until instructed by the doctor.

You will be required to see the doctor 1 day, 1 week and 1 month after your surgery.

Do Not -

- **Rub or press on the operated eye.**
- **Strain to lift heavy objects.**
- **Swim in public pools for 2 weeks.**

You may be more aware of glare after your operation. You will find sunglasses are helpful.

Continue to wear your old glasses as previously. You will not damage your eyes by doing so. You will need your glasses changed approximately 4 – 6 weeks after the surgery.